



ST KITTS & NEVIS INTERNATIONAL SHIP REGISTRY

MARITIME CIRCULAR – MC 122 23

RECOGNITION OF MARINERS MEDICO GUIDE APP

1. Purpose

1.1. The purpose of this Maritime Circular is to inform all parties that this Administration accepts/authorizes the use of **the Mariners Medico Guide App** as an equivalent to *the International Medical Guide for Ships (IMGS)* published by the World Health Organization (WHO).

2. Introduction

- 2.1. *The IMGS* shows designated first-aid providers how to diagnose, treat, and prevent the health problems of seafarers onboard a ship with a focus on the first 48 hours after injury.
- 2.2. Since its first publication in 1967, *the IMGS* has been a standard reference for medical care on board ships.
- 2.3. To date, the 3rd edition of *the IMGS* provides the most up-to-date practical guidance for those who must render assistance when seafarers fall ill or are injured on board ship.
- 2.4. The latest *IMGS* has been published by WHO, on behalf of the International Labour Organization (ILO), International Maritime Organization (IMO), and WHO itself. Copies of this book are available from WHO and IMO.

3. Application

- 3.1. Carriage of a medical guide on board a ship is mandatory under the ILO's Maritime Labour Convention (ILO MLC) and the IMO's International Convention on Standards of Training, Certification and Watchkeeping for Seafarers (STCW) Convention.
- 3.2. *The IMGS* should be kept in the ship's medicine chest, and the crew should familiarize themselves with the content before a medical emergency occurs. This way, when there is a case of illness or injury on board, the crew can immediately turn to emergency medical advice on the topic at hand.
- 3.3. This guide is designed to be used in conjunction with the most recent versions of *the Guide to Ship Sanitation* published by WHO, and the IMO's *Medical First Aid Guide and Emergency Procedures for Ships Carrying Dangerous Goods*.
- 3.4. As an equivalent to *the IMGS* this Administration accepts/authorizes the use of **the Mariners Medico Guide App** on board of St. Kitts and Nevis registered ships, which is an up-to-date maritime medical guide developed by Gard AS and the Norwegian Centre for Maritime and Diving Medicine.

4. **Mariners Medico Guide App**

- 4.1. The Mariners Medico Guide is an app, designed and tailored for seafarers. Developed in collaboration with the Norwegian Centre for Maritime and Diving Medicine, it provides step-by-step guidance for treating crew onboard.
- 4.2. The app is fully downloadable, it can be used mid-ocean and in remote parts of a ship, even without a signal. It is available in English only.
- 4.3. As this Guide is digital, it can be quickly and easily updated. It covers both physical and mental health issues, using a symptom-based approach. Designed and written by doctors specialised in maritime medicine, guidance is set out in simple steps and language, for users with limited medical experience and reduced accessibility to medications and medical equipment.
- 4.4. The Mariners Medico Guide is available free of charge on both desktop and mobile (Apple App Store and Google Play). For more information, please visit www.medicoguide.no

If you have any questions, please contact this office at mail@skanregistry.com

Yours truly,



Liam Ryan
International Registrar of Shipping and Seamen